

# December 2024 Aquatic Schedule

**SCAC** = StoneCroft Aquatics Center      **GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's Facebook.

**Christmas Eve: SCAC will close at 12pm and GCCP is closed. New Year's Eve SCAC will close at 12pm.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Pool &amp; Lap Swim</b>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm- 3:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><b>GCCP:</b> No Lap swimming due to class running</p>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm-6:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><b>GCCP:</b> 1:15pm-2:15pm</p>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm-3:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm</p> <p><b>GCCP:</b> 9:00am-11:00am</p>	<p><b>SCAC:</b> Closed</p> <p><b>GCCP:</b> Closed</p>
<b>Spa</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Closed</b>
<b>Water Fitness Classes</b>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Aqua Spin</b> 8:00am-8:45am Pre- registration required <b>Deep Water</b> 9:15-10:00am <b>Aqua Spin</b> <b>2:30- 3:15pm</b> Pre-registration required</p> <p><b>GCCP:</b> <b>Ai Chi</b> <b>(water Tai Chi)</b> 1:15-1:45pm <b>No class 12/24</b></p>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am <b>Ai Chi</b> <b>(water Tai Chi)</b> 2:15pm-2:45pm <b>Aqua Spin- Staff</b> 3:30pm-4:15pm 4:30-5:15 Pre-registration required</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Aqua Spin</b> 8:00-8:45am Pre-registration required <b>Deep Water</b> 9:15-10:00am</p> <p><b>GCCP:</b> None</p>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Deep Water</b> 9:15-10:00am</p> <p><b>GCCP:</b> None</p>	<p><b>SCAC:</b> None</p> <p><b>GCCP:</b> None</p>
<b>Volley Ball</b>	None	<b>GCCP: Resident</b> <b>2:30-3:30pm</b> <b>No play 12/24 &amp; 12/31</b>	None	<b>GCCP: Resident</b> <b>2:30-3:30pm</b>	None	None	None Updated 11/20/2024
<b>Swim Team SCAC Lessons &amp; Saw</b>	<b>Swim team</b> 3:30pm-5:30pm	<b>Lessons</b> 3:45pm-5:50pm	<b>Swim team</b> 5:15pm-7:00pm	<b>Lessons</b> 10:30am 11:30am 1:00pm- 3:00pm 3:45pm-5:50pm	<b>Swim Team</b> 3:30pm-5:30pm	<b>Lessons</b> 8:00am- 10:50am	None