

JOIN US FOR THESE WEEKLY EVENTS:

***Unless otherwise noted by activity coordinator**

EVERY MONDAY

10:00 AM - 12:00 PM – Drop off donations and open for shopping at Resale Shop: HZ

1:00 PM – Canasta: Conservatory

3:00 PM – Crossword Puzzle Group: AOE

7:00 PM – Pinochle: HCSR

EVERY TUESDAY

Place trash out in evening for Wed AM pickup

9:00 - 11:00 AM – Clinic Hours with Nurse Sara.

Free blood pressure screenings provided: SCHS

8:00 - 10:30 AM – Woodcraft Shop is open. Bring your items that need a repair: Drop off at WS

1:00 PM – GriefShare: SPDR

2:00 - 4:00 PM – Color with Me: DB

6:15 PM – Rummikub: DB

7:00 PM – Men's Bible Study: HCR (2)

EVERY WEDNESDAY

Trash pick-up day

7:30 – 9:30 AM – Breakfast available: Garden Café

11:15 AM – Choir: A/C (Begins 9/11)

1:00 PM – Mahjong – all are welcome: Conservatory

1:30 PM – Practicing Painters (bring your supplies and enjoy the company of others): AOE

EVERY THURSDAY

10:00 AM – Community Bible Study: CWPA PS & SPDR

10:00 AM – Bible Discussion Group: THSR

6:30 PM – Canasta: Daily Brew

EVERY SATURDAY

1:30 – 3:30 PM – Women's Walk-in Billiards – GCC

EVERY SUNDAY

9:00 AM – Chapel Service: CWPA

10:30 AM – Chapel Service: A/C

FRIDAY, NOVEMBER 1

10:30 AM – “Jesus in the Old Testament” Bible

Study with Chaplain Dave Hicks: A/C

1:30 PM – Ice Cream Social: Daily Brew

MONDAY, NOVEMBER 4

8:00 AM – Shuttle to LabCorps – sign up needed

1:00 PM – Shady Maple Shuttle – sign up needed

Open Enrollment Medicare Counseling: SPDR

Appointment Only – see RBC for signup sheet.

2:15 PM – LEC presents Marvin & Miriam Weaver:

Shady Maple Farm Market & Smorgasbord – their story: CWPA**

TUESDAY, NOVEMBER 5

10:00 AM – 2 PM – Election Day Shuttle**

1:00 – 3:00 PM – Beginners/Intermediate Chess Matches: HCSR

Book Sale -GCC and Stonecroft Commons begins today and ends on November 19

WEDNESDAY, NOVEMBER 6

10:30 AM – check in with Donna for Taste Buds trip to “Austin's”: GVC (prior reservations required)

1:00 PM - Shuttle to Crops – sign up needed

THURSDAY, NOVEMBER 7

10:30 AM – Veterans Coffee Hour: MR

11:30 AM – 12:30 PM – Ask A Nurse: THSR

1:00 – 3:00 PM – Train Room is open for Residents to see new improvements

2:00 - 4:00 PM – Nimble Fingers – bring your knitting, crocheting, or other needle art projects while enjoying conversation: Conservatory

7:00 PM - Dan MacDonald Bible Study on Mark – CWPA-Dockside

FRIDAY, NOVEMBER 8

RL Shopping Trip To Park City (Sign up needed)

4:30 to 7:00 PM – Empty Bowls Meal at Conestoga Mennonite Church – no transportation from Tel Hai, but a reminder that some of the bowls are made by residents.

10:30 AM – “Jesus in the Old Testament” Bible Study with Chaplain Dave Hicks: A/C

7:00 PM – Movie Night

SUNDAY, NOVEMBER 10

2:00 PM – Veterans Day Program: CWPA

MONDAY, NOVEMBER 11

2:15 PM – LEC presents, “Journey to Promontory:
Linking the Two Great Oceans” by David Walter:
CWPA

TUESDAY, NOVEMBER 12

12:00 PM – WEL (Widows Enjoying Lunch): MDR
1:00 – 4:00 PM Operation Christmas Packing: GVC
2:00 PM – Coping with Holiday Stress and
Depression: CWPA**
2:00 PM - Afternoon of Song: Garrett A/C

WEDNESDAY, NOVEMBER 13

1:00 PM – Tech Time with Tim: MP
1:00 – 4:00 PM Operation Christmas Child Packing:
GVC
7:30 PM – Tel Hai Performing Arts Series presents,
the Chester County Youth Orchestra: CWPA

FRIDAY, NOVEMBER 15

► Submissions for the December “What’s New?”
are due. Submit articles to
whatsnew@telhai.org
9:00 AM – 1:00 PM – Resale Shop open: HZ
10:30 AM – “Jesus in the Old Testament” Bible
Study with Chaplain Dave Hicks: A/C
Open Enrollment Medicare Counseling: SPDR
Appointment Only – see RBC for signup sheet.

SATURDAY, NOVEMBER 16

10:00 AM – 2:00 PM - Holiday Bazaar: CWPA**

SUNDAY, NOVEMBER 17

7:00 PM – Hymn Sing: Tel Haven Social Room

MONDAY, NOVEMBER 18

1:00 PM – Shady Maple Shuttle – sign up needed
7:00 PM – Book Club: Conservatory

TUESDAY, NOVEMBER 19

1:00 – 3:00 PM – Beginners/Intermediate Chess
Matches: HCSR
1:00 PM – Great decisions: HCR(2)

WEDNESDAY, NOVEMBER 20

12:15 & 1:00 PM - Shuttle to Walmart–sign up
needed
12:30 SC & 12:45 PM GCC – departure times for
Fulton Play (prior registration required)
2:00 PM – Town Meeting: CWPA**

THURSDAY, NOVEMBER 21

10:30 AM – Veteran’s Brunch: Azalea Square
Guest Speaker: Scott Burkholder
2:00 PM - Catholic Mass: A/C
2:00 - 4:00 PM – Nimble Fingers – bring your
knitting, crocheting, or other needle art projects
while enjoying conversation: Conservatory
2:00 PM Care Partner Support Group: SPDR
7:00 PM – Bible Study on Mark: CWPA-Dockside

FRIDAY, NOVEMBER 22

10:30 AM - “Jesus in the Old Testament” Study: A/C
7:30 PM – Tel Hai Performing Arts Series presents,
“Crystal & Light” – 2 flutes and piano: CWPA

TUESDAY, NOVEMBER 26

1:00 – 2:30 PM – Talk with Scott Miller: GCC MP

WEDNESDAY, NOVEMBER 27

Vaccine Clinic hosted by Stauffer’s Pharmacy: SC
Health Suite. Appt. required.
1:00 – 2:30 PM – Talk with Scott Miller: SC
10:30 AM – Thanksgiving Worship Service: A/C
7:00 PM – Thanksgiving Eve Worship Service –
CWPA

THURSDAY, NOVEMBER 28

Happy Thanksgiving Day
9:30 – 10:45 AM - Tel Hai Camp Turkey Bowl Race

FRIDAY, NOVEMBER 29

7:00 PM – Movie Night: CWPA

GENERAL ANNOUNCEMENTS & CAMPUS SPECIAL EVENTS

We Care Connect Satisfaction Surveys

Tel Hai is excited to be partnering with WeCare Connect to conduct Satisfaction Surveys. WeCare Connect allows surveys to be completed over the phone, via email or text. We are hoping these alternative methods will make getting valuable feedback from you easier. This is replacing the Pinnacle surveys that previously called you by telephone.

Afternoon of Song

Since Covid shut us down last month, the Men's Quartet has a funny song about it to share with you. Then you can join us in songs about fall, and tributes to our military. We have a solo, a couple hymns, and folk songs accompanied by ukulele and tambourine. You can just wave your arm, not stand when your military branch is honored. Come November 12, 2:00 PM, to the A/C.

Vacation Reminders

With the holidays around the corner, please remember to fill out a form if you go on vacation or will be away overnight.

Political Reminder

The General Election is Nov. 5, 2024. Because Tel Hai is a 501(c)(3) not-for-profit organization, residents and team members are required to observe some restrictions that apply to on-campus political activities. Tel Hai residents and team members clearly have the right to free expression on political matters and public policy when they speak, write, distribute information, attend governmental meetings, support or oppose candidates, support or oppose legislation or engage in any other related political or legislative activity. However, Tel Hai residents and team members may not:

- a) use Tel Hai assets (i.e. photocopy machine, phones, mailboxes, resident lists), facilities, staff or Tel Hai volunteers, public spaces (including lawns and balcony banisters) for literature display, signage or any other political or legislative activity
- b) represent that individual positions held concerning candidates or legislation are those of Tel Hai Retirement Community
- c) compose lists for public posting or public dissemination among residents of candidates running for public office because placement of names in such listings often raise accusations of bias that the preferred candidate appears first in the list or otherwise preferred placement

If you have questions on the application of this policy, you may contact Keeli Looper who serves as Tel Hai's Compliance Official at klooper@telhai.org or 610-273-9333 ext. 2034.

The Rotary Club of Twin Valley Presents Empty Bowls Event: Benefits the Twin Valley Food Pantry

This annual event is held at Conestoga Mennonite Church in Morgantown from 4:30 to 7:00 PM on Friday, Nov. 8. The cost is \$12. Early participants receive a hand-crafted bowl created by a local artist. Some of our residents have created and donated bowls through our Fireside Ceramics room. Soup/bread is provided by local restaurants.

Participants' empty bowls will continue to be a reminder of others' hunger.

Resident Angel Wreath

Nov. 22 through Dec. 12, 2024 If you would like to be an angel to a Meadows resident please pick a tag from the wreath in the GCC and SC lobby areas. Write your name on the space provided next to the name of the resident you have selected. Please return your unwrapped gift to the gift return box by Dec 12 with the tag securely attached to the gift. We suggest no perishable items be given. We also are accepting donations of wrapping paper, stickers, tags, gift bags, tape and tissue paper. * Monetary donations may be given to Diane Kabbeko or Carrie Root for those who are not shoppers

Relocation of Culinary Services Menus from Tel Hai Website to Community App

Culinary Services menus— which include daily, weekly, and always available listings for our on-campus dining venues— will be digitally relocated from the Tel Hai website to the Community App effective Nov. 1, in preparation of a new website redesign coming in 2025.

Menus can be found under the 'Dining Menus' tab, in-person at dining venues, and weekly specials will continue to be listed on Channel 965. We thank you for your cooperation and aim to provide more timely menu updates with this change.

Tel Hai Camp Turkey Bowl Race

Our friends and neighbors at the Tel Hai Camp & Retreat will be hosting their 33rd Annual 5K Turkey Bowl Race in two weeks, on Thanksgiving Day, November 28.

Part of their race course includes several Tel Hai campus roadways:

- Tree Line Drive
- Dogwood Drive
- Portions of Tel Hai Circle
- Beaver Dam Road

Please be aware that these roads, and the 'West Entrance' to Tel Hai via Tree Line Drive, will be closed from approximately 9:30 AM to 10:45 AM during the race. To access our campus, please use Park Road/Birdell Road and enter at the 'East Entrance'. Additionally, overflow parking will be used in both the Little Mates Day Care Center lot and the Lake Field.

Vaccine Clinic

Stauffer's Pharmacy will be restarting their 1 x a month, fourth Wednesday of the month Vaccine Clinic at the StoneCroft Health Suite. The next clinic will be Nov. 27. Sign up sheets will be in the Resident Business Centers. There will not be a monthly clinic for the month of December due to the holiday.

Care Partner Support Group

Please note that with the holiday season in mind, there will be some changes in the Care Partner Support Group:

The November meeting will be held on Nov. 21 from 2:00-3:00 PM in the SPDR.

We will not hold a meeting in December.

We will resume meetings on the 4th Thursday of each month in Jan. - remember, even months will take place in the Hillcrest Conference Room and odd months will take place in the Scalies Private Dining Room.

Upcoming Swim Team Practices

Bishop Shanahan High School Swim Team will resume practices beginning Monday, Nov. 18.

Upcoming Swim Team Meets

BSHS Swim Team will be hosting home swim meets on Wednesday, Dec. 18 and Friday, Jan. 24. SCAC will close at 2:00 PM on these dates to accommodate the meets. The meets are scheduled to start at 3:30 PM.

Van Trump Garden Opportunities

The Van Trump Garden (along Tree Line Drive) is looking for a few volunteers! We need help with weeding and spreading wood chips! If you can help even once, it would be appreciated. Contact Rutger and Mollie Van Zanten for more information at 610-273-4623 or extension 4623.

December Decoration – if anyone wants to decorate a stump with natural things for the month of December, they are welcome to.

Train Room News

The TRAIN ROOM wants to thank all of our residents for their patience during our closing for improvements and to welcome you to a “residents only” opening to show you what’s new on Thursday, Nov. 7 from 1:00 till 3:00 PM. We hope you’ll enjoy the results of our labor without the distractions of outside visitors.

Also, don't forget to bring friends and families to our Annual Holiday Open Houses on Nov. 30th, Dec. 7, 14, & 28, all from 11:00 AM - 2:00 PM. HAPPY HOLIDAYS!

Holiday Bazaar Slated for Saturday, November 16 from 10:00 AM to 2:00 PM

Please mark your calendars for the annual Holiday Bazaar that is held in the CWPA.

From home-based businesses to skilled craftsmen, our annual Holiday Bazaar is a great place to get a head start on holiday shopping. Local vendors display their wares, including handcrafted woodwork, artisan jewelry, artwork, pottery, and florals. A shuttle will be running between StoneCroft and the Garrett Community Center. **You may call Judy at 610-273-9333, ext. 2154 or email her at jschweitzer@telhai.org for questions or more information.**

Great Decisions

Great decisions is a discussion group sponsored by the Foreign Affairs Association, to talk about - guess what - Foreign Affairs. We have dealt with NATO, Pandemic Preparedness, the Mid East, U.S. vis--a-vis China, Global trade to name a few. If you are interested in foreign affairs, this is the group for you. We meet 8 times a year, Jan. thru May and Sept. thru Nov. The Nov. 19 meeting will be held at 1:00 PM in the Hillcrest 2nd floor conference room. Our topic is the High Seas - conservation, regulatory, food, and other issues. Considering the oceans' place in shipping, food supply, and recreation and the large amount of space they occupy on the earth, it will cover a large number of problems that people have created in the world. This is our last meeting of the year and we will be gearing up for next year so if you are interested in discussing matters of world problems, this is the group for you.

Contact Bill Morling – 273- 4165 for questions.

Book Sale

Our next book sale at Garrett and StoneCroft Commons will be from Nov. 5 through Nov. 19. The proceeds from the sale are used to buy new books for Garrett Library. Thank you for your support of the Garrett Library.

Library/Book Nook Announcement – please make sure you return your borrowed book to the correct location. If you borrowed from the library, please

return to the Library. If you took a book from the Book Nook, please return to the Book Nook.

New Year's Eve Parties

We would like to see parties going on in both the CWPA at StoneCroft and at the Garrett. We do know that we will set up round tables at the CWPA, and residents may claim and decorate a table about mid-day. As in the past, each table will bring their own snacks. The DJ's for the evening will be Caroline and Devin Cooley. At Hillcrest, residents have brought a snack to share, and there were group games offered. More times and details to be worked out at both venues, but we hope you will mark your calendars now and plan to join in the fun.

Special Events Committee

Wednesday January 29, 5:00 pm, CWPA:

PLEASE NOTE THE DATE CHANGE

(AGAIN). Celebrate Robert Burns' birthday (the beloved Scottish poet) -- a unique, special dinner with lots of traditional pomp and circumstance will be followed by an hour of songs and Burns stories by **Charlie Zahm**. Reservations required.

Operation Christmas Child Packing Party

After months of preparation and dozens of volunteers it is finally time to pack those shoeboxes!

On Tuesday Nov. 12 and Wednesday Nov. 13 from 1:00 PM-4:00 PM we will be gathering in the Grandview Commons to pack several hundred OCC shoeboxes with all those donations we have been making and collecting over the past several months. We are inviting all of Tel Hai to join us in this ministry. Come when you can and pack a box (or a few). Many hands make light work. Children around the world are waiting for those shoeboxes and especially the Greatest Gift which is the love of God in His Son Jesus. You can help make an amazing change in the life of a child.

*Those who have volunteered to assemble shoeboxes can come at noon.

Any questions contact Lew and Irene Weaver (home) 484-796-4822 or (cell) 484-995-4802

Billiards

- **Men's Walk-in Billiards**, Tuesdays and Fridays 10:00 AM-12:00 PM : Garrett Pool Hall and Thursdays, 10:00 AM – 12:00 PM, Corner Pocket – contact Bob LaDrew, bonkersboy@gmail.com, 484-722-8395
- Thanksgiving 8-ball Tournament
- Nov. 11-20 (Deadline is 11/9) Bob LaDrew, bonkersboy@gmail.com 484-722-8395
- **Women's Walk-in Billiards**, Saturdays, 1:30-3:30 PM in the Garrett Pool Hall
- **Women's Billiards Group Brown Bag Lunch**, Saturday, November 2 - 12:30 PM in the Gathering Room across from the Garrett
- contact Barbara Dooley, (610) 273-4756 btdooley215@gmail.com

Book Club

The Book Club at StoneCroft will be meeting Monday, Nov. 18, at 7:00 PM, in the Conservatory in Brownstone. The book is The Girl with Seven Names by Hyeonseo Lee. For information, please contact Sandy Koenig at ext. 4794.

WEL (Widows Enjoying Lunch)

Tuesday, Nov. 12 at 12:00 Noon: Magnolia Dining Room. Come and meet some of your neighbors. We meet on the 2nd Tuesday of the month at noon. Please bring your lunch and beverage or pick up something from the Garden Café. To make a reservation, contact fellow resident Bebe Holland at 610-999-7907 or email bebeholland28@gmail.com.

ART TASK FORCE DISPLAYS

Stone Croft Display Case: Coloring Club

Garrett Display Case: Angel Display

Clark Gallery: Karen Neumann (pour artist)

What's New

The LAST DAY to submit articles for the December "What's New?" is Friday, Nov. 15. Email your article to whatsnew@telhai.org.

WORSHIP

Holiday Services

The whole community is invited to celebrate the holidays with us. A variety of Worship events are planned including: **Thanksgiving Eve Services on Wednesday, Nov. 27 at 10:30 am in the Chapel and 7:00 PM in the CWPA**, Christmas Carol Concert with our Tel Hai Choir on **Wednesday, Dec. 18 at 7:00 PM in the CWPA**, and our **Christmas Eve Candlelight Services on Tuesday, Dec. 24 at 10:30 AM in the Chapel and 3:00 PM in the CWPA**.

HEALTH & WELLNESS

Mobile ENT

To schedule an appointment with the mobile ENT, please call 610-363-2532.

McCormick Chiropractic

McCormick Chiropractic is available for appointments. Call directly to inquire and to schedule an appointment: 610-286-7000.

Tai Chi

The next session of Tai Chi will begin on Oct. 31 and continue until Dec. 19, missing two weeks. All classes will be held in CWPA. This 6-week session will be \$26.25 and will be billed directly to your Tel Hai account. All classes will be held on Thursday with two-time options. Registration must be made with Gwynne. Please communicate class preference (*11:45am-12:45pm or 1:00-2:00pm*) when registering. Email is preferred: gjohnson@telhai.org or by phone at extension 2441. Want to try this form of exercise? SAVE THE DATE for *free* session with Rich, open to all: Jan. 2, 2025, either 11:45am-12:45pm or 1:00-2:00pm. No registration required.

Dr. Lori Wilde – Podiatry

Mondays in LVHS and Fridays in SCHS.

Appointments required. Call Dr. Lori directly to schedule an appointment: 215-696-6078.

Amanda Rock – Financial Planner

Amanda is available for appointments on campus. Please call her directly to schedule an appointment: (800) 626-1190.

OnSite Dermatology

OnSite Dermatology is available for appointments in the SCHS. Call directly to schedule an appointment: 1-877-345-5300.

Massages at StoneCroft Health Suite Massages in StoneCroft Health Suite for November: Mondays the 4, 11, 18, and 25 from 11:00 AM – 4:00 PM. Friday the 15 from 11:00 AM – 4:00 PM. Please contact Shelly Hansen at shellyinlight@verizon.net or 610-466-7733 to schedule an appointment.

Life Enrichment Lectures**

Monday, November 4 – Marvin & Miriam Weaver: Shady Maple Farm Market & Smorgasbord, 2:15 PM, CWPA

Join the owners of Shady Maple Farm Market and Smorgasbord – Marvin & Miriam Weaver – as they share about the history and growth of Shady Maple. Founded in 1962 as an East Earl farm market by Miriam's parents, Henry and Edna Martin, they sold produce from a roadside stand under two maple trees in front of their farmhouse. In 1970, Marvin & Miriam took over the family business, opened the first Shady Maple Farm Market building, and expanded the business into several ventures. Members of Blue Ball Mennonite Church and married for 57 years, the Weavers will share how the Lord has richly blessed their family and the community.

Monday, November 11 – Journey to Promontory: Linking the Two Great Oceans, 2:15 PM, CWPA

The dream of Manifest Destiny could not be fully realized until transportation between the Atlantic and Pacific coasts was made easier and faster. Technology, engineering, sheer muscle power and a bit of financial and legislative corruption completed the transcontinental RR in 1869. Join local historian, lecturer and writer David Walter as he

shares the story of men with foresight, men seeking wealth, Chinese and Irish laborers, “Hell on Wheels” camps, and engineering challenges. Come journey to promontory and learn more about the tremendous achievement that linked East to West.

TRIPS

FYI – The Way of the Future

Signing up for trips on line will become more common. Right now, we work with Dawn Dornes and her staff from Amazing Travel Treasures, and they offer this option which Tel Hai is taking. It streamlines the process without a middle person, and gives the participant more options. When chartering a coach, using Elite’s tour company, or using our own bus for trips, you will still need to fill out a registration form and return it to the group leader. For questions, just call Judy at ext. 2154.

April 9-16, 2026 Historic Mississippi River

Cruise - The trip brochures are posted in both RBCs.

November 6 – Taste Bud trip – Waiting list

December 8 – Calvary Lutheran Church in West Chester – 5:00 PM Christmas Concert

Brochures will be coming out soon, and will be posted in both RBCs

December 19 & 27 – American Music Theater Christmas and lunch at Hershey’s Restaurant –

The 19th is full with a waiting list, but there is still room on the 27th.

April 6-13, 2025 – Charleston/Savannah trip motor coach trip - Brochures were sent out via email. Through Amazing Travel Treasure, which is also Warther Tours, we are registering trips on line. If you click on the link it will take you to a page to set up an account and then the ability to register. There is a number on the brochure if you need help.

FALL CONCERT SERIES**

Wednesday, November 13 at 7:30 PM, CWPA, Chester County Youth Orchestra**

The Chester County Youth Orchestra provides an opportunity for students in grades 6-12 to experience the joy of making music with a full symphony orchestra, and allows them to meet fellow musicians from school districts across Chester, Delaware, and Montgomery Counties. CCYO is dedicated to giving young musicians in Southeastern Pennsylvania the chance to grow musically by performing challenging works from

the standard orchestral literature as well as music from the cinema and the Broadway Stage. These talented students hone their performance skills and learn a wide variety of music. As members of the CCYO, students gain experience playing music of many different composers, styles, and time periods.

Friday, November 22, 7:30 PM, CWPA, Crystal & Light**

Join us for a delightful evening with Jocelyn Crosby and Faith Wasson on flute, accompanied by Douglas Wimer on piano. Jocelyn is a concert flutist, freelance performer and collaborative musician-based in Lancaster, PA. Faith is an international performing artist, having performed throughout Europe and North America as an orchestral chamber musician and soloist. Doug is currently the organist and choirmaster of St. Stephen Reformed Presbyterian Church, New Holland, and owner/president of the Buch Organ Company in Ephrata, Pa. Under the direction of Richard S. Miller, the band’s origins date back to 1911.

Thursday, December 12, 7:30 PM, CWPA – Lanchester Chorus – Christmastime**

Founded in 1950, the chorus consists of 25-30 mixed voices from the communities of Lancaster and Chester counties and has been meeting in Christiana for the past 70 years. With rotation chorus members, the group has performed at venues including the Brandywine River Museum, Longwood Gardens, the PA State Capitol, and the Convention Hall in Cape May.

Wednesday, December 18, 7:00 PM – CWPA – Christmas Concert by residents and planned by the Chaplaincy

Friday, December 20, 7:30 PM, CWPA – Brandywine String Quartet – A Holiday Show**

The Brandywine String Quartet was founded in 2022 by four colleagues with a passion for chamber music. The Quartet is well-versed in performances featuring works by Ravel, Schubert, Beethoven, and more. The heart of the quartet lies in the profound commitment to both artistry and education, embodying a collective spirit of lifelong learning and artistic pursuit.

MOVIES

Friday, November 8, 7:00 PM: Roald Dahl's Esio Trot. A magical, warm-hearted family film about a nerdy, painfully shy retired man who is madly in love with a free-spirited neighbor but can't tell her, so he hatches a plan (no pun intended) to make her happy by improving the health of her pet turtle, Alfie. Judy Dench, Dustin Hoffman. 2015. PG-13. 1 hr 27 min.

Friday, November 29, 7:00 PM: The Holdovers. A curmudgeonly instructor at a New England prep school is forced to remain on campus during Christmas break to babysit the handful of students with nowhere to go. Eventually he forms an unlikely bond with one of the students -- a damaged, brainy troublemaker -- and with the school's head cook, who recently lost her son in Vietnam (Da'Vine Joy Randolph). Paul Giamatti, Da'Vine Joy Randolph, Dominic Sessa. 2023. R (for language). 2 hr 13 min.

Friday, December 13, 7:00 PM:
A Christmas movie will be shown; title to be announced.

Friday, December 27, 7:00 PM:
Sight. A true story: When a blind orphan arrives in his waiting room seeking a miracle, a world-renowned eye surgeon must confront his past - and draw on the resilience he gained growing up in China during the Cultural Revolution - to try to restore her sight. Terry Chen, Greg Kinnear, Natasha Mumba. 2023. PG-13. 1 hr 43 min.

FOR YOUR INFORMATION

**Denotes volunteer shuttle is available for this event

- A complete calendar of events is located on the Community App! Check it out on your smartphone, tablet, or computer!
- Tune to **Channel 965** for the daily information slides.
- Tune to **Channel 968** for live streaming of Sunday chapel services. All other programs will be only in-person unless otherwise noted.
- At the time of publication, this edition of ***What's New?*** is as accurate as possible. Any corrections required, will be shown on Channel 965.

ABBREVIATIONS KEY

Garrett CC, Lakeview and Healthcare Center

A/C – Auditorium/Chapel
AZSQ – Azalea Square Dining Room
DB – Daily Brew
FR – Friendship Room (3rd fl. Hillcrest)
FTR – Fitness Room
GCC – Garrett Community Center
GR – Gathering Room
HCR(2) – Hillcrest Conference Room (2nd floor)
HCSR – Hillcrest Social Room (4th floor)
HZ – Hertzler
LV – Lakeview
LVHS – Lakeview Health Suite
MP – Mantel Pointe (fireplace in GCC)
MDR – Magnolia Dining Room
RBC – Resident Business Center
TH – Tel Haven
THSR – Tel Haven Social Room

StoneCroft (SC) – Ground Floor

SCHS – StoneCroft Health Suite & Therapy area
SCAC – StoneCroft Aquatics Center & Pool
SCWFR – StoneCroft Watson Fitness Room
SCGER – StoneCroft Group Exercise Room

StoneCroft (SC) – 1st Floor

AOE – Art of Everything Room

CP – Corner Pocket

FCC – Fireside Ceramics Center (includes pottery)

SPDR – Scalies Private Dining Room

BN – The Book Nook

CWPA – Center for Worship & Performing Arts

SC Dining Area – SC Grille (informal)

SC Outdoor Patio – The Terrace

RBC – Resident Business Center

Brownstone

Train Room – 1st Floor

Theater – 2nd Floor


Textile Arts Room – 3rd Floor

Conservatory – 4th floor

Grandview Commons (GVC) – across from SC

Hillside Amenities – bocce, tennis, pickleball court

November 2024 – Land Fitness Programs

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>9:00 – 11:00am Tennis Grandview Commons</p>	<p>10:00am – 12:00pm Pickleball Grandview Commons or Tel Hai Camp</p>	<p>9:00 – 11:00am Tennis Grandview Commons</p>	<p>10:00am – 12:00pm Pickleball Grandview Commons or Tel Hai Camp</p>
<p>9:00– 10:00am 10:30– 11:30am Gentle Flow Yoga SC Group Exercise Room <i>Fee to participate; contact Gwynne</i></p>	<p>10:30 –11:15am Tune Up Time GCC Gathering Room</p>	<p>1:15 –2:00pm Resident Zumba SC Group Exercise Room <i>No class 11/27</i></p>	<p>10:30– 11:30am Chair Yoga CWPA <i>No class 11/28</i></p>	<p>10:15 –11:15am Strengthen & Tone SC Group Exercise Room</p>
<p>10:00am – 12:00pm Pickleball Grandview Commons or Tel Hai Camp</p>	<p>11:00am Shuffleboard Tel Haven <i>Room closed 11/25-1/14</i></p>	<p>2:00 – 3:00pm Strength & Balance GCC Gathering Room <i>No class 11/20; Town Meeting</i></p>	<p>10:30 –11:15am Tune Up Time GCC Gathering Room <i>No class 11/28</i></p>	<p>2:00 – 3:00pm Beginner Line Dancing GCC Gathering Room <i>No class 11/1</i></p>
<p>11:00am– 12:00pm Chair Yoga CWPA poolside</p>	<p>11:15am –12:15pm Ping Pong GCC Gathering Room <i>Advanced competition</i></p>	<p>3:30 – 4:30pm Line Dancing GCC Gathering Room</p>	<p>10:30 –11:15am Drums Alive SC Group Exercise Room <i>Registration required; contact Josh X2142 No class 11/28</i></p>	<p>3:30 – 4:30pm Corn Hole Behind Grandview Commons <i>No play 11/29</i></p>
<p>1:00 – 2:00pm Strength & Balance SC Group Exercise Room</p>	<p>1:15 – 2:00pm Total Body Toning SC Group Exercise Room</p>	<p>7:00 – 9:00pm Tennis Grandview Commons <i>Under The Lights</i></p>	<p>11:15am –12:15pm Ping Pong GCC Gathering Room <i>Open to all levels of play No class 11/28</i></p>	<p>SATURDAY 9:00 – 11:00am Tennis Grandview Commons</p>
<p>3:30 – 4:30pm Line Dancing GCC Gathering Room</p>	<p>Personal Training Sessions Fee based 1-on-1 training is available for those who want to improve their mobility, increase body awareness, and get back their freedom of movement. And for those seeking help and guidance with weight management through nutrition. Please consider contacting Josh X2142 or jbooker@telhai.org.</p>		<p>11:45am – 12:45pm 1:00 – 2:00pm Tai Chi CWPA <i>Fee to participate; contact Gwynne x2441 No class 11/28</i></p>	<p>FITNESS ROOMS Cardio and strength machines are available 24/7 to residents who have been cleared by their physician and have been oriented to the use of the rooms. Call Josh X2142 or Gwynne X2441 for information.</p>
<p>GRATITUDE A daily gratitude practice has been shown to significantly increase your happiness — and your physical health. Practicing gratitude improves sleep, boosts immunity and decreases the risk of disease. Mayoclinic.org</p> <p>Ways to cultivate gratitude: **Write a thank-you letter/email. Make this a habit! **Keep a gratitude journal. Try it daily! **Count your blessings. **Pray. **Meditate.</p> <p><i>health.harvard.edu</i></p>			<p>2:15 –3:00pm Drums Alive SC Group Exercise Room <i>Registration required; contact Josh X2142 No class 11/28</i></p> <p>**Watch 965 for updates 10/14/24</p>	<p>Contact Information</p> <ul style="list-style-type: none"> • Corn Hole: Steve 570-313-4431 • Line Dancing: Bunny 610-960-4154 • Pickleball: Lesley 484-722-8436 • Ping Pong: Chris 484-340-0395 • Tennis: Andy 610-563-1654

November 2024 Aquatic Schedule

SCAC = StoneCroft Aquatics Center **GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's FaceBook.

SCAC & GCC will be closed Thanksgiving Day 11/28. Friday 11/29 SCAC hours 7:30am - 12:00pm with no classes, GCC 7:30am -11:00am no classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool & Lap Swim	<p>SCAC: 7:30am-12:00pm 12:30pm- 3:00pm</p> <p>GCCP: 7:30am-9:30am</p>	<p>SCAC: 7:30am-12:00pm 1:00pm-6:00pm</p> <p>GCCP: No Lap swimming due to class running</p>	<p>SCAC: 7:30am-12:00pm 12:30pm-6:00pm</p> <p>GCCP: 7:30am-9:30am</p>	<p>SCAC: 7:30am-12:00pm 1:00pm-6:00pm</p> <p>GCCP: 1:15pm-2:15pm</p>	<p>SCAC: 7:30am-12:00pm 12:30pm-3:00pm</p> <p>GCCP: 7:30am-9:30am</p>	<p>SCAC: 7:30am-12:00pm</p> <p>GCCP: 9:00am-11:00am</p>	<p>SCAC: Closed</p> <p>GCCP: Closed</p>
Spa	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Closed
Water Fitness Classes	<p>SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am</p> <p>GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am</p>	<p>SCAC: Aqua Spin 8:00am-8:45am Pre- registration required Deep Water 9:15-10:00am Aqua Spin 2:30- 3:15pm Pre-registration required</p> <p>GCCP: Ai Chi (water Tai Chi) 1:15-2:00pm</p>	<p>SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am Ai Chi (water Tai Chi) 2:15pm-2:45pm Aqua Spin- Staff 3:30pm-4:15pm 4:30-5:15 Pre-registration required</p> <p>GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am</p>	<p>SCAC: Aqua Spin 8:00-8:45am Pre-registration required Deep Water 9:15-10:00am</p> <p>GCCP: None</p>	<p>SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am</p> <p>GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am</p>	<p>SCAC: Deep Water 9:15-10:00am</p> <p>GCCP: None</p>	<p>SCAC: None</p> <p>GCCP: None</p>
Volley Ball	None	GCCP: Resident 2:30-3:30pm	None	GCCP: Resident 2:30-3:30pm	None	None	None Updated 10/22/2024
Swim Team SCAC Lessons & Saw	Swim team returns 11/18	Lessons 3:45pm-5:50pm	Swim team 5:15pm-7:00pm	Lessons 10:30am 11:30am 1:00pm- 3:00pm 3:45pm-5:50pm	Swim Team 3:30pm-5:30pm	Lessons 8:00am- 10:50am	None



StoneCroft Aquatics Center Schedule November 2024



Check for updates at the following sources: Phone Hotline 610-273-4050, telhai.org/pool, SCAC entrance signs, Channel 965, and Tel Hai's Facebook.

We apologize in advance for any closures.

SCAC will be closed Thanksgiving Day 11/28. SCAC will be open Friday 11/29, 7:30am - 12:00pm with no classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hours Open	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Open/ Lap Swim	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Spa	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Water Fitness Classes 3 lanes	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am	Aqua Spin 8:00am-8:45am Pre- registration required Deep Water 9:15am-10:00am Aqua Spin 2:30pm – 3:15pm Pre-registration required	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am Ai Chi (Water Tai Chi) 2:15pm-2:45pm Staff Aqua Spin 3:30pm-4:15pm 4:30pm-5:15pm Pre-registration required	Aqua Spin 8:00am-8:45am Pre-registration required Deep Water 9:15am-10:00am	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am	Deep Water 9:15am-10:00am	Closed
SCAC Lessons & SAW	None	3:45pm-5:50pm	None	10:30am 11:30am 1:00pm- 3:00pm 3:45pm-5:50pm	None	8:00-10:50am	Closed
Swim Team	3:30pm-5:30pm BSHS Returns 11/18	None	5:15-7:00pm	None	3:30pm-5:30pm	None	Closed Updated 10/22/2024

StoneCroft Aquatics Center Policies & Swim Team Information

Pool rules:

- *Lifeguard on duty is in charge
- *Pool waivers must be signed
- *Please use deck showers to rinse off
- *No running
- *No diving
- *Children must be fully potty-trained or in swim diapers to be in the pool.
- *Children under 5, non-swimmers, must have adult in pool with them. Parent can only take non-swimmer as far as parent can stand
- *Children over 5, without an adult in pool, must pass swim test
- *No food on deck
- *No glass containers on deck or in locker rooms
- *Non-swimmers must wear Coast Guard approved lifejackets
- *Lap lanes are for lap swimmers, lessons & swim teams only
- *Proper swim attire- no street clothes
- *Water Fitness equipment is for water fitness only (barbells & gloves)
- *Starting blocks for swim team & lessons only
- *Must be 18 years old to use spa
- *Shoes and proper attire are required to leave area
- *No shaving allowed on site
- * No spitting, spouting water, blowing nose or discharge of bodily waste in the pool
- *Pull cords for emergencies only

Swim meet schedule:

BSSH Swim Team home meets:
Wednesday, December 18, 2024
Friday, January 24, 2025
SCAC will close at 2:00pm to accommodate meets.

Swim Team Contact info:

Upon Request

Swim Lane Etiquette

Lap swimming etiquette:

How to share a lane:

- *Make sure the other swimmer is aware you are joining them in lane.
- *More than 1 swimmer per lane - swimmers choose a side, or you both choose to circle swim.
- *More than 2 per lane- Circle swimming only by all in lane.

25 Yard Pool

100 yards = 4 lengths

500 yards = 20 lengths

1,000 yards = 40 lengths

1,760 yards (mile) =

71 lengths

Update Hotline- 610-273-4050

Call for schedule changes or in case of severe winds, thunder, lightning, snow, ice, tornado warnings, etc.

*We do not offer credits/make ups for missed lessons, memberships, or swim team practice for inclement weather, school functions, vacations, minor illnesses.

Thunder/lightning- Pool must be cleared, every strike/boom will result in 30 minutes additional closure. If during lessons, our instructors will run deck safety lessons until pool can reopen, or lessons are cancelled.

2 hr TVSD/CASD delay- Pool opens at 9am, classes running will be determined by weather.

Early Dismissal- No evening programming, pool closes at 5pm or earlier weather dependent.

School Closures:

Morning- Opening time and classes determined by weather.

Evening- Will be reevaluated by 2pm, information will be updated on hotline by 1pm.

Weekends- Any delayed openings or closures will be on hotline.

Please visit www.telhai.org/pool or call 610-273-9333 ext. 2441 for more regarding the following information

Membership information- Daily, 10 visit punch cards, monthly, quarterly and yearly memberships available for purchase. Family, Couple, and Individual options are available. Memberships are not required for swim lesson participation.

Worship Schedule

November 2024

Friday, November

1

10:30 AM - "Jesus in the Old Testament" Bible Study
led by Chaplain Hicks – GR

Sunday, November 3

9:00 AM – Chapel: CWPA or 968
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Hicks
Piano: Ruthann Stevenson

Tuesday, November 5

1:00 PM - GriefShare
SPDR
7:00 PM - Men's Bible Study HCR (2)

Wednesday, November 6

11:15 AM - Choir A/C

Thursday, November 7

10:00 AM - Bible Discussion Group – THSR
10:00 AM - Community Bible Study – Grandview
Commons
7:00 PM – Dan MacDonald Bible Study on "Mark"
CWPA_Dockside and 968

Friday, November 8

10:30 AM - "Jesus in the Old Testament" Bible Study
led by Chaplain Hicks – GR

Sunday, November 10

9:00 AM – Chapel: CWPA or 968
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Klingensmith
Piano: Rebecca Sensenig

Tuesday, November 12

1:00 PM - GriefShare SPDR
7:00 PM - Men's Bible Study HCR (2)

Wednesday, November 13

11:15 AM - Choir A/C

Thursday, November 14

10:00 AM - Bible Discussion Group – THSR
10:00 AM - Community Bible Study – Grandview
Commons

Friday, November 15

10:30 AM - "Jesus in the Old Testament" Bible Study
led by Chaplain Hicks – GR

Sunday, November 17

9:00 AM – Chapel: CWPA or 968
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Hicks
Music: Virginia Patchel
7:00 PM – Hymn Sing THSR

Tuesday, November 19

1:00 PM - GriefShare SPDR
7:00 PM - Men's Bible Study HCR (2)

Wednesday, November 20

11:15 AM – Choir Rehearsal - A/C

Thursday, November 21

10:00 AM - Bible Discussion Group – THSR
10:00 AM - Community Bible Study – Commons
2:00 PM – Catholic Mass A/C
7:00 PM – Bible Study on "Mark" – CWPA_Dockside
and 968

Friday, November 22

10:30 AM - "Jesus in the Old Testament" Bible Study
led by Chaplain Hicks – GR

Sunday, November 24

9:00 AM – Chapel: CWPA or 968
10:30 AM – Chapel: A/C or 968
Message: Pastor David Klingensmith
Music: Danton Arlotto

Tuesday, November 26

1:00 PM - GriefShare
SPDR
7:00 PM - Men's Bible Study HCR (2)

Wednesday, November 27

10:30 AM – Thanksgiving Worship Service – A/C
7:00 PM – Thanksgiving Worship Service - CWPA