October 2024 Aquatic Schedule

SCAC = StoneCroft Aquatics Center   **GCCP** = Garrett Community Center Pool

For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's FaceBook.
We apologize in advance for any closures. Thunder & lightening: pools will close for a minimum of 30 minutes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool & Lap Swim	***SCAC:*** 7:30am-12:00pm 12:30pm- 3:00pm ***GCCP:*** 7:30am-9:30am	***SCAC:*** 7:30am-12:00pm 1:00pm-6:00pm ***GCCP:*** No Lap swimming due to class running	***SCAC:*** 7:30am-12:00pm 12:30pm-6:00pm ***GCCP:*** 7:30am-9:30am	***SCAC:*** 7:30am-12:00pm 1:00pm-6:00pm ***GCCP:*** 1:15pm-2:15pm	***SCAC:*** 7:30am-12:00pm 12:30pm–3:00pm ***GCCP:*** 7:30am-9:30am	***SCAC:*** 7:30am-12:00pm ***GCCP:*** 9:00am–11:00am	***SCAC:*** Closed ***GCCP:*** Closed
Spa	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Closed**
Water Fitness Classes	***SCAC:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am ***GCCP:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am	***SCAC:*** **Aqua Spin** 8:00am-8:45am Pre- registration required **Deep Water** 9:15-10:00am **Aqua Spin** 2:30- 3:15pm Pre-registration required ***GCCP:*** **Ai Chi (water Tai Chi)** 1:15-2:00pm	***SCAC:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am **Ai Chi (water Tai Chi)** 2:15pm-2:45pm **Aqua Spin- Staff** 3:30pm-4:15pm 4:30-5:15 Pre-registration required ***GCCP:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am	***SCAC:*** **Aqua Spin** 8:00-8:45am Pre-registration required **Deep Water** 9:15-10:00am ***GCCP:*** None	***SCAC:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am ***GCCP:*** **Aqua Aerobics** 9:30-10:30am **Arthritis** 10:30-11:30am	***SCAC:*** **Deep Water** 9:15-10:00am ***GCCP:*** None	***SCAC:*** None ***GCCP:*** None
Volley Ball	None	***GCCP:*** *Resident* **2:30-3:30pm**	None	***GCCP:*** *Resident* **2:30-3:30pm**	None	None	None Updated 9/17/2024
SCAC Lessons & SAW	None	**3:45pm-5:50pm**	None	**10:30am 11:30am 1:00pm- 3:00pm 3:45pm-5:50pm**	None	**8:00am- 10:50am**	None