What's New?

SHALL SEE HALL

A newsletter for Residential Living at Tel Hai Community

Join us for these weekly events:

*Unless otherwise noted by activity coordinator

Every Monday

 $10{:}00~\mbox{AM}$ - $12{:}00~\mbox{PM}$ — Drop off donations and open

for shopping at Resale Shop: HZ

1:00 PM — Canasta: Conservatory

3:00 PM – Crossword Puzzle Group: AOE

7:00 PM - Pinochle: HCSR

Every Tuesday

Place trash out in evening for Wed AM pickup

9:00 - 11:00 AM — Clinic Hours with Nurse Sara. Free blood pressure screenings provided: SCHS

8:00 - 10:30 AM — Woodcraft Shop is open. Bring your items that need a repair: Drop off at WS

1:00 PM – GriefShare: SPDR (begins 9/10)

2:00 - 4:00 PM - Color with Me: DB

6:15 PM - Rummikub: DB

7:00 PM - Men's Bible Study: HCR (2)

Every Wednesday

Trash pick-up day

7:30 - 9:30 AM - Breakfast available: Garden Café

11:15 AM - Choir: A/C (Begins 9/11)

1:00 PM – Mahjong – all are welcome: Conservatory 1:30 PM – Practicing Painters (bring your supplies and

enjoy the company of others): AOE

Every Thursday

10:00 AM Community Bible Study: CWPA PS & SPDR

(Begins Sept. 12)

10:00 AM - Bible Discussion Group: THSR

6:30 PM - Canasta: Daily Brew

7:00-7:30 PM - Mindful Meditations: Brownstone

Theater

Every Friday

7:30 - 9:30 AM - Breakfast available: Garden Café

Every Saturday

1:30 - 3:30 PM - Women's Walk-in Billiards - GCC

Every Sunday

9:00 AM – Chapel Service: CWPA 10:30 AM – Chapel Service: A/C

What's New? For September, 2024

Tuesday, September 3

Registration opens to residents/team members only for the annual Holiday Bazaar – it' a 2-week priority registration period

Wednesday, September 4

9:00 to 11:00 AM – Empty Bowls Project – Class A 1:00 to 3:00 PM – Empty Bowls Project – Class B 1:00 PM - Shuttle to Crops – sign up needed

Thursday, September 5

11:30 AM – 12:30 PM – Ask A Nurse: THSR 10:30 AM – Veterans Coffee Hour: MR

2:00 - 4:00 PM — Nimble Fingers — bring your knitting, crocheting, or other needle art projects while enjoying conversation: Conservatory

Friday, September 6

1:30 PM - Ice Cream Social: Daily Brew

7:30 PM – Tel Hai Performing Arts presents *Zoe, a Modern-Day Shirley Temple:* CWPA

Monday, September 9

8:00 AM – Shuttle to LabCorps – sign up needed
1:00 PM – Shady Maple Shuttle – sign up needed
2:15 PM – Life Enrichment presents, Travelogue:
Europe & The Mediterranean by Barbara & Bruce
McCleary: CWPA**

Tuesday, September 10

2:00 PM – Afternoon of Song: A/C

12:00 PM – WEL (Widows Enjoying Lunch): MDR 1:00 – 3:00 PM – Beginners/Intermediate Chess

Matches: HCSR

3:00 PM – Cookies & Tea: Lakeview Drawing Room 6:30 AM - Depart for Raystown trip (please arrive at

6:15 to check in with Judy): GVC

Wednesday, September 11

9:00 to 11:00 AM – Empty Bowls Project – Class A 1:00 to 3:00 PM – Empty Bowls Project – Class B

Friday, September 13

7:00 PM - Movie Night "Roise and Frank": CWPA

Saturday, September 14

1:00 PM - depart from GCC and 1:15 PM SC for Lancaster Symphony Orchestra

Sunday, September 15

▶ Submissions for the October "What's New?" are due. Submit articles to whatsnew@telhai.org
 7:00 PM – Hymn Sing: Tel Haven Social Room

Monday, September 16

2:15 PM – Get To Know You: CWPA**
7:00 PM – Book Club: Conservatory

Tuesday, September 17

5:00 PM - Woods Edge Block Party: CWPA Priority registration closes for Holiday

Bazaar Wednesday, September 18

11:15 AM - Choir Rehearsals: A/C

Registration for the Holiday Bazaar opens to the broader community today

Thursday, September 19

10:30 AM – Veteran's Brunch: Azalea Square
Guest Speaker: VA registration
2:00 - 4:00 PM – Nimble Fingers – bring your
knitting, crocheting, or other needle art projects
while enjoying conversation: Conservatory
2:00 PM - Catholic Mass: A/C

Friday, September 20

9:00 AM – 1:00 PM – Resale Shop open: HZ 7:30 PM – Tel Hai Performing Arts presents *Chesco* Saxophone Quartet: CWPA

Monday, September 23

7:30 AM – departure for 3 day trip to Williamsburg – please arrive no later than 7:15 AM for check in with Judy: GVC

1:00 PM – Shady Maple Shuttle – sign up needed
 2:15 PM – Life Enrichment presents - Travelogue: A
 Western United States Adventure with Bill
 Englerth & Rich Toscano: CWPA

Tuesday, September 24

9:00 AM - 12:00 PM - Flu/Covid Vaccine clinic: CWPA 1:00 - 2:30 PM - Talk with Scott Miller: GCC MP 1:00 - 3:00 PM - Beginners/Intermediate Chess

Matches: HCSR

Wednesday, September 25

10:30 AM - Worship Service: A/C

 $1:00\ PM$ – Israel Tour Informational Meeting and

Promo: GR

1:00 - 2:30 PM - Talk with Scott Miller: SC

1:00 PM - Tech Time with Tim: MP

12:15 & 1:00 PM - Shuttle to Walmart-sign up needed

Thursday, September 26

2:00 PM Care Partner Support Group: SPDR**

Friday, September 27

5:00 – An Evening with Julia Child: CWPA (sign up)

Monday, September 30

2:15 PM – Life Enrichment presents – A Window to the Past: The Boyertown Opera House Fire: CWPA**

GENERAL ANNOUNCEMENTS

Train Room News

Tel Hai Model Train Club would like to thank our Residents for your patience during our summer shutdown while we are making a number of improvements. Unfortunately, the improvements are taking longer than expected and material delays have forced us to extend our closing through September. We are excited, however, to show off these improvements at this year's Holiday Open Houses. Save the Dates: Nov.30, and Dec. 7, 21 & 28 (11:00 AM - 2:00 PM). SEE YOU THERE!

Afternoon of Song**

Find us in the Garrett A/C this year, on the second Tuesday of each month, at 2:00 PM. September 8th is the first event. Sing with us songs you have heard before. Words are on the front screen, or listen to the music of our

residents who either lead the singing or entertain you with specials of solos, duets, trios, or barbershop quartets. Transportation from StoneCroft begins at 1:30 PM.

Friday September 27, CWPA, 5:00 PM: An Evening with Julia Child. The resident Special Events Committee invites you to attend a delectable French dinner featuring dishes made famous by the infamous Julia Child, followed by a delightful, funny performance by actress Linda Kenyon, impersonating the French Chef herself, Julia Child, who led a rather exciting life. While Julia and her husband Paul were living in France and Julia was attending cooking classes, both were undercover agents for the CIA! When Julia started her live cooking demonstrations on TV, she became famous not only for introducing the USA to classic French cuisine, but also for making outlandish and sometimes disastrous mistakes in the kitchen -- on live TV! She was so successful, however, that her home kitchen is on display in the Smithsonian Museum, Washington, D.C. Reservations required. Use Dining Dollars for dinner. Sign Up Sheets will be in your RBC starting the first week of September.

Thank You from Caroline

A very sincere thank you to all of the residents that made my 30th birthday so special by sending me a card or wishing me a "happy birthday" in passing. It feels impossible to put into words how grateful I am to know you all and to be a team member at Tel Hai!

What's New

The LAST DAY to submit articles for the October "What's New?" is Sunday, September 15. Email your article to whatsnew@telhai.org.

Lakeview Cookies and Tea

Lakeview will be hosting Cookies and tea following the September Sing-along on Sept. 10^{th} . It will be in the Lakeview Drawing Room. Please come and join us. The sing-along starts at 2:00 PM. Cookies and tea will be served around 3:00 PM.

Save the date:

Saturday, September 28, Lanchester Landfill and Reclamation Center (part of Chester County Solid Waste Authority) is holding its annual open house from 9:00 AM to 1:00 PM. Located on Rt 322, two miles west of Honey Brook, this is a unique and fun opportunity to learn more about this local site. Free narrated bus tours of the facility and good food are part of the day. Contact for more info: 800-626-0067, ext. 225.

Holiday Bazaar Slated for Saturday, November 16 from 10:00 AM to 2:00 PM

Please mark your calendars for the annual Holiday Bazaar that is held in the CWPA. Priority registration for residents/staff members begins on Tuesday, September 3 and ends on Tuesday, September 17. On September 18 the registrations will open to the broader community. Beginning September 3, registration forms will be available in both RBCs. You may call Judy at 610-273-9333, ext. 2154 or email her at jschweitzer@telhai.org for questions or more information.

From home-based businesses to skilled craftsmen, our annual Holiday Bazaar is a great place to get a head start on holiday shopping. Local vendors display their wares, including handcrafted woodwork, artisan jewelry, artwork, pottery, and florals. View the event details at telhai.org/HolidayBazaar. A shuttle will be running between StoneCroft and the Garrett Community Center.

WORSHIP

New Men's Bible Study starts Sept 3

As we enter the Fall, many minds are on the upcoming election. A new men's bible study titled "Kings of Judah: Leaders and their strengths and weaknesses" will be held starting Tuesday, September 3rd at 7:00 PM in the Hillcrest 2nd floor conference room. Join us.

Choir Resumes September 11th

Do you love to sing? Why not consider joining our Tel Hai Choir which rehearses on Wednesday's at 11:15 AM in the Chapel beginning September 11th. The choir sings for 7 special services during the year, none of which conflict with Sunday, so if you are a church choir member you can still join. Call Chaplain Dave at x-2443 for more details.

<u>GriefShare New Session begins</u> <u>September 10th</u>

Have you experienced a recent loss? GriefShare is a 13-week support group for those who are grieving a loss in their life. It is open to all Tel Hai Residents, staff and members of the greater community. A workbook is used in addition to videos and discussions. Our next session begins Tuesday, September 10th at 1 PM in the Scalies Private Dining Room (Stonecroft). For more information or to register contact Chaplain Dave at x-2443

Jesus in the Old Testament Bible Study begins October 11th

The Old Testament is full of prophecies of the Coming Messiah and appearances of the Second Person of the Trinity in angelic form, symbolically represented in some of the stories of the Bible, and at times appearing as a man. Come learn about these accounts and discover

that Jesus is found in the whole Bible. Our study begins on Friday, October 11th at 10:30 AM in the Gathering Room (GR).

<u>Israel 2025 Informational Meeting</u> <u>Sept 23rd</u>

Chaplain Dave will lead a group of Pilgrims to the Holy Land March 1 to March 13, 2025. Brochures are available in both business offices. Registration is open until December. Please contact the chaplain's office with your questions at x-2443. An informational session will be held on Monday, September 23rd at 1:00 PM in the Gathering Room. We are greatly anticipating this life-changing pilgrimage.

HEALTH & WELLNESS

Flu/Covid Vaccines

Vaccines will be offered to Residential Living Residents on September 24, October 15 and October 29 in the Stonecroft CWPA. Additional information regarding administration times and signing up to follow in a memo

Mindful Meditation

Mindfulness meditation will be offered for the four Thursday evenings in September (5th, 12th, 19th, 26th) from 7:00 to 7:30 PM in the Brownstone Theater. Mindfulness practice helps people to relax and reduce stress, along with other health benefits. It involves having one's attention settle on the experience of breathing (or another object of attention if breathing is difficult). When there is awareness that the mind has wandered, we are encouraged to gently return the attention to the breath. For meetings in September, we'll begin with a period of relaxation then meditate

for 5 minutes so that newcomers can try the experience to see if they find it helpful. If you have questions, call or email Judy LaDrew: 484-722-8395, or <u>judyladrew@gmail.com</u>
There is no need to sign up, just come and try it for yourself.

Tai Chi

Tai Chi will continue from September 4 -October 24. All classes will be held on Thursday with 2 time options (11:45 AM-12:45PM or 1:00-2:00 PM). All classes will be held in CWPA. This 8-week session will be \$35.00 and will be billed directly to your Tel Hai account. Registration begins Monday, August 26 and must be made with Gwynne. Please communicate class preference when preferred: registering. Email is gjohnson@telhai.org or by phone at extension 2441

Ai Chi Fall Session 1

SCAC 6-week session ~ Registration opens Thursday, August 29 beginning at 12:00 PM Session dates: Wednesday Sept. 11 - Oct. 16 Class time: Wednesdays at 2:15 -2:45 PM at SCAC

Class Fees: SCAC member - \$20.00 nonmember - \$40.00

What is Ai Chi?

Ai Chi is a simple water exercise and relaxation program performed using a combination of deep breathing and slow, broad movements of the arms, legs, and torso in flowing continual patterns.

Awareness of the mind's presence in the various parts of the body is taught through the techniques of Ai Chi. With this training we can acquire greater degrees of health, fitness and longevity than through physical training alone.

In Ai Chi we strive not for the precision and rigidity of traditional exercise but for tranquility.

Ai Chi will be offered as a 6-week session Wednesdays at 2:15-2:45 PM at SCAC

Session dates: Wednesday September 11 through October 16

Registration opens Thursday August 29, beginning at 12:00 PM

For more information or registration please contact Sandi Brandt at Sbrandt@telahi.org

Drums Alive

Drums Alive is <u>exercise</u> that uses <u>drumsticks</u> to hit an <u>exercise ball</u> placed on a <u>bucket</u> while listening to upbeat <u>music</u>. It's a group fitness experience that combines the benefits of physical activity with the neurological benefits of rhythmic music. Residents experience a whole-body workout which support both left and right brain coordination and *can be enjoyed seated* or *standing*. It boosts social connectedness, sensory and motor skills, concentration, and mind-body awareness while adding fun into the wellness programming calendar.

Drums Alive is starting on Thursday, 10:30-11:15 AM from September 5 - September 26 in the StoneCroft Group Exercise Room. Due to limited space and equipment, sign-ups are required. By signing up you are committing, as best possible, four as to these classes. Registration begins Wednesday, August 28 and must be made with Josh. Email is preferred: jbooker@telhai.org or by phone at extension 2142. Requests prior to 8am will not be accepted.

Recognizing the tremendous interest in this new class, we are planning 4-week sessions. We are already planning October's sessions and will communicate information in the future.

Aqua Spin

Registration opens Thursday, August 29 Beginning at 12 PM. Runs Tuesday September 10 through Thursday October 17

What is Aqua Spin?

It is in-water spinning on a submerged stationary bike. This a great no-impact workout cardiovascular that increase your endurance. When you're spinning in water, you can exercise at a higher intensity but at a lower Thus. it heart rate. improves cardiovascular health without risking exhaustion. Pair this with strength training and music and you will have the perfect combination for a fun filled beneficial aquatic spin class.

Class times: Tuesdays 8:00 AM, Tuesdays 2:30 PM, Thursdays 8:00 AM.

Registration is required for all classes and space is limited. Class must meet a minimum of 3 participants

** First time class participants, it is suggested on the first day of class to come 30 minutes early to allow time to be shown the bike set up.

*** Must haves for Aqua spin, aqua shoes are a definite must to protect your feet while in the foot cage. Water is also recommended, you may not think you sweat in the water but it does happen and you need to stay hydrated.

Please contact Sandi Brandt @ sbrandt@telhai.org for more information and registration.

StoneCroft Aquatics Center News: The Tel Hai Tadpoles

We are excited to share news of a new partnership between Tel Hai and Honey Brook Elementary Center! Beginning September 12, we will be teaching swim safety to the 4th grade students at Honey Brook Elementary Center. This program will occur every Thursday 10:30 AM - 3 PM September 12- December 12.

Volunteers needed for SCAC

SCAC is looking for volunteers to be in the water with Sandi on Thursdays during a new swim lesson program. We are offering SAW (safety around water) to Twin Valleys 4th grade classes. All the volunteer would need to do is just watch them make sure the children follow the safety rules. No instruction needed, just watching for safety purposes.

This is a 6 week session beginning Thursday, September 12, through Thursday, October 17. There are three different time slots needing volunteers - 10:30 - 11:30 AM, 1:00 - 2:00 PM, 2:00 - 3:00 PM. For more details contact Sandi @ sbrandt@telhai.org.

Mobile ENT

To schedule an appointment with the mobile ENT, please call 610-363-2532.

McCormick Chiropractic

McCormick Chiropractic is available for appointments. Call directly to inquire and to schedule an appointment: 610-286-7000.

Dr. Lori Wilde - Podiatry

Mondays in LVHS and Fridays in SCHS. Appointments required. Call Dr. Lori directly to schedule an appointment: 215-696-6078.

<u>Amanda Rock - Financial Planner</u>

Amanda is available for appointments on campus. Please call her directly to schedule an appointment: (800) 626-1190.

Massages at StoneCroft Health Suite

Massages in StoneCroft Health Suite for September: Mondays the 9th, 16th, 23rd, and 30th from 11 AM - 4 PM. Tuesday the 3rd from 1-4 PM. Friday the 13th from 11 AM - 4 PM. Please contact Shelly Hansen at shellyinlight@verizon.net or 610- 466-7733 to schedule an appointment.

OnSite Dermatology

On Site Dermatology is available for appointments in the SCHS. Call directly to schedule an appointment: 1-877-345-5300.

CAMPUS SPECIAL EVENTS

Book Club

The Book Club at StoneCroft will be meeting Monday, September 16, at 7:00 PM, in the Conservatory in Brownstone. For information, please contact Sandy Koenig at ext. 4794.

Great Decisions

Great Decisions, a group of Tel Hai residents that meets 8 times per year to discuss various and sundry foreign policy issues will be back in action on September the 17th in the Hillcrest Conference Room. If you are interested in foreign policy, as sponsored by the Foreign Policy Association, the meeting will start at 1:00 PM. The topic will be "Pandemic Preparedness. There is a copy of the "Great Decisions" magazine in both the Hillcrest library and the Stonecroft magazine area.

If you are interested in attending this meeting and/or joining Great Decisions, email Bill Morling @ wmorling@comcast.net or call Extension 4165 for details.

Billiards

- Men's Walk-in Billiards, Tuesdays and Fridays 10:00 AM-12:00 PM: Garrett Pool Hall and Thursdays, 10:00 AM - 12:00 PM, Corner Pocket - contact Bob LaDrew, bonkersboy@gmail.com, 484-722-8395
- 9-ball Mayhem Tournament
 Sept. 16-26 (Deadline 9/24)
 Bob LaDrew, bonkersboy@gmail.com
 484-722-8395
- Women's Walk-in Billiards, Saturdays,
 1:30-3:30 PM in the Garrett Pool Hall

WEL (Widows Enjoying Lunch)

Tuesday, September 10, 12:00 Noon: Magnolia Dining Room. Come and meet some of your neighbors. We meet on the 2nd Tuesday of the month at noon. Please bring your lunch and beverage or pick up something from the Garden Café. To make a reservation, contact fellow resident Bebe Holland at 610-999-7907 or email bebeholland28@gmail.com.

ART TASK FORCE DISPLAYS

For September

Stone Croft Display Case: Postcards Garrett

Display Case: Pottery

Clark Gallery: Needlework by Tel Hai Residents

Life Enrichment Lectures**

Monday, September 9- Armchair Travelogue with McCleary's, 2:15 PM, CWPA

Join Barbara and Bruce as they take you along on a cruise and visit the Basilica Sagrada Familia in Barcelona, the island of Corsica and the village of Antibes in France, Saint Peter's Basilica and the Sistine Chapel in Rome, and cruise the Amalfi Coast and visit Mt. Etna on

Sicily. Then it's on to visit Istanbul and the ancient sites in Ephesus and Antalya in Turkey and the Greek islands of Lesbos, Mykonos, Santorini and Syros and then visit Athens.

Monday, September 16 - Get To Know You, 2:15 PM, CWPA

Learn to know a few of our new folks by coming to this program as members from the Life Enrichment Committee and Tel Hai staff members give short introductions of new households. It really is quite interesting and at the end, we have refreshments around the tables inviting conversation. It turns out to be a really nice social time.

Monday, September 23 - Travelogue: Western United States Adventure, 2:15 PM, CWPA

Rich Toscano and Bill Englerth will present an exciting western trip that they enjoyed. Colorful slides will show scenes from Rapid City, South Dokota, Montana, Wyoming, Idaho, ending in Salt Lake City, Utah. Little Big Horn, Yellowstone National Park, and The Grand Tetons are just a few of the places outlined in their slides and presentation.

Monday, September 30 - A Window to the Past, "Boyertown Opera house Fire & Its Lasting Impact", 2:15 PM, CWPA

This event will be presented by Margaret Harner and Luann Zambanini, two lifetime members of the Boyertown Community. It will "Open A Window to the Past" of the devastating Boyertown Opera House fire of January 13, 1908, a tragedy that deeply affected the community. No family was left untouched, with many losing loved ones. The impact resonated throughout factories, churches and organizations. The details of this fire made

international headlines. This talk will explore the fire's history, its lasting influence on the safety regulations we experience today, as well as one of our speaker's family ties to seven family members who were involved in the fire. This event is a valuable opportunity to learn about a significant moment in Boyertown's history and the fire safety advancements that emerged from it.

Monday, October 7 - Emergency Department Stories & More, 2:15 PM, CWPA

Born and raised on a Mennonite farm in the rural south, Esther Stoltzfus, the youngest of eight children knew since the age of 5 she was destined to be a nurse. Join Esther as she shares highlights of her 41-year career as a Registered Nurse, along with vignettes of life in the south and stories of her journey to PA.

Monday, October 14 - Larry McMurtry: Oneof-a-Kind American Writer of the Past Half-Century, 2:15 PM, CWPA

Join Tel Hai resident, journalist and speaker, Craig Garner as he shares with us the life and achievements of author, public intellectual and passionate bookseller, Larry McMurtry. Hailing from a dusty Texas Plains small town to become one of our most beloved writers, McMurtry produced 40 books over 60 years. He was one of the last American writers who had direct contact with this country's pioneer traditions, and many of his books were turned into classic movies or TV series, such as Lonesome Dove and Terms of Endearment. The movie committee will show Terms of Endearment on Friday evening October 11 at 7:00 PM. We encourage you to come to the movie as it ties in very well with Craig's lecture the following Monday.

Monday, October 21 - William Chester Ruth: Inventor & Entrepreneur, 2:15 PM

William Chester Ruth was an African American machinist, business owner, and patented inventor who lived in Chester and Lancaster Counties. One of Ruth's most successful patented farm inventions was the self-lifting elevator for conveying bales of hay or straw, ears of corn, and bags of grain or feed into storage. Ruth's granddaughter, Gwendolyn Ruth Dickinson, presents his story told through memorabilia and pictures, her own experiences, and recollections including a short documentary film. It features firsthand accounts of farmers, patrons and neighbors who knew the man and utilized his Wm. C. Ruth machine shop to keep their farms and businesses running.

Monday, October 28 - The Corps of Discovery: Lewis & Clark's Great Adventure, 2:15 PM, CWPA

With the Louisiana Purchase of 1803, the US gained more than 800,000 square miles of new unexplored territory. President Jefferson launched an expedition - the Corps of Discovery - to explore all the way from the Mississippi River to the Pacific Ocean. Come paddle, ride, and trek with Lewis & Clark, and their company, as they spend two years of unprecedented hardships and triumphs on the greatest adventure of the American West. Local historian, lecturer and writer David Walter will lead us on this adventure.

TRIPS

Announcement: The Trip Committee works hard to provide trips, and we are happy that so many residents participate. Please remember that when you sign up for a trip, you are expected to pay full price even if you drop out of the trip. We don't always have a waiting list, and if vendors have been paid, you are locked in.

<u>April 9-16, 2026 Historic Mississippi River</u>
<u>Cruise</u> - The trip brochures are posted in both RBCs.

October 3 - Wolf Sanctuary - waiting list only

October 10 - Ladies Evening Out at Dutch

Apple Dinner Theater, Hairspray - brochures
are out

October 16 and 23 - The Tea Affair in

<u>Lititz for ladies only -</u> brochures available

<u>November 5 - Taste Bud trip -</u> brochures

are not out yet

<u>December 19 & 27 - American Music</u>
<u>Theater Christmas and lunch at Hershey's</u>
<u>Restaurant -</u> brochures not available yet, but coming very soon

<u>April 6-13, 2025 - Charleston/Savannah trip</u> <u>motor coach trip -</u> currently working on brochures

FALL CONCERT SERIES

Friday, September 6, 7:30 PM, CWPA, ZOE, A MODERN DAY SHIRLEY TEMPLE

Introducing the sensational young talent, Zoe Erianna - a modern-day Shirley Temple with a voice and presence that defies her tender age of 7. Bursting onto the scene in Season 18 of America's Got Talent, Zoe's performance earned her unanimous approval from the judges, leaving audiences and industry professionals alike utterly mesmerized. Zoe is a prodigy, a remarkable young artist who possesses a

diverse range of talents that far surpass her years. Her repertoire includes not only singing, but also playing the piano, songwriting, and composing. This gifted child started honing her skills as early as the age of 5, demonstrating an innate connection with music and performance that is nothing short of extraordinary. Her father, Eric, will be performing with her on some of the pieces as well.

Friday, September 20, 7:30 PM, CWPA, Chesco Saxophone quartet

Having played together and apart in various bands and orchestras since the 1980's, Chesco Sax began in 2023 to share their passion for saxophone music with audiences. The program will be music from the 50's, 60's, and 70's and beyond, as interpreted for saxophone quartet.

Friday, October 18, 7:30 PM, CWPA, Pianist, Jeffrey Uhlig & Our Three Tenors

Join us for a captivating evening of music with Jeffrey Uhlig and three tenors. The three tenors are Samuel Schlievert, Daniel Taylor and Jim Schubin.

MOVIES

Friday September 13th, 7:00 PM, CWPA: Roise and Frank.

A delightful, fun story: Róise is still grieving the loss of her husband, Frank, when a mysterious dog shows up at her door. Mildly annoyed by the canine attempting to disrupt her mourning, she attempts to ignore him. But before long, a series of coincidences convince her that somehow this shaggy dog is her husband Frank reincarnated. Note: The movie is in Gaellic, with English subtitles. 2022. PG-13. 1 hr 24 min.

Friday October 11th, 7:00 PM, CWPA: Terms of Endearment.

As a springboard for the LEC lecture on Monday Oct. 14th about film director James Brooks, his 1983 insightful masterpiece will be shown. Terms of Endearment examines the evolving 30-year relationship between two captivating people: a hard-to-please mother looking for love and her daughter, unforgettably played by Shirley MacLaine and Debra Winger. Jack Nicholson turns in a great comic performance as MacLaine's neighbor, a boozy, womanizing former astronaut. Supporting cast also includes Jeff Daniels, John Lithgow, Danny DeVito. 11 Oscar nominations, 5 wins including Best Picture. PG. 2 hr 12 min.

Save the Date October 30th: Another Spectacular Spooktacular Experience with Dinner and a Movie (CWPA) starting at 5:00 PM. Co-sponsored by the Movie Committee and the Special Events Committee. Movie title to be announced.

FOR YOUR INFORMATION

**Denotes volunteer shuttle is available for this event

- A complete calendar of events is located on the Community App! Check it out on your smartphone, tablet, or computer!
- Tune to Channel 965 for the daily information slides.
- Tune to Channel 968 for live streaming of Sunday chapel services. All other programs will be only in-person <u>unless otherwise</u> noted.
- At the time of publication, this edition of What's New? is as accurate as possible.
 Any corrections required, will be shown on Channel 965.

ABBREVIATIONS KEY

Garrett CC, Lakeview and Healthcare Center

A/C – Auditorium/Chapel

AZSQ – Azalea Square Dining Room

DB – Daily Brew

FR – Friendship Room (3rd fl. Hillcrest)

FTR – Fitness Room

GCC - Garrett Community Center

GR – Gathering Room

HCR(2) –Hillcrest Conference Room (2nd floor)

HCSR – Hillcrest Social Room (4th floor)

HZ – Hertzler

LV-Lake view

LVHS – Lakeview Health Suite

MP – Mantel Pointe (fireplace in GCC)

MDR – Magnolia Dining Room

RBC – Resident Business Center

TH – Tel Haven

THSR - Tel Haven Social Room

StoneCroft (SC) - Ground Floor

SCHS – StoneCroft Health Suite & Therapy area

SCAC – StoneCroft Aquatics Center & Pool

SCWFR - StoneCroft Watson Fitness Room

SCGER – StoneCroft Group Exercise Room

StoneCroft (SC) - 1st Floor

AOE – Art of Everything Room

CP - Corner Pocket

FCC – Fireside Ceramics Center (includes pottery)

SPDR – Scalies Private Dining Room

BN - The Book Nook

CWPA – Center for Worship & Performing Arts

SC Dining Area – SC Grille (informal)

SC Outdoor Patio - The Terrace

RBC – Resident Business Center

Brownstone

Train Room – 1st Floor

Theater -2^{nd} Floor

Textile Arts Room – 3rd Floor

Conservatory – 4th floor

<u>Grandview Commons (GVC)</u> – across from SC Hillside Amenities – bocce, tennis, pickleball court

Worship Schedule September 2024

Sunday, September 1 Communion

9:00 AM – Chapel: CWPA or 968
Message: Chaplain David Hicks
Piano: Ruthann Stevenson
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Hicks
Piano: Ruthann Stevenson

Tuesday, September

3

7:00 PM Men's Bible Study HCR (2)

Thursday, September 5

10:00 AM Bible Discussion Group - THSR

Sunday, September 8

Message: Chaplain David Hicks Piano: Virginia Patchel 10:30 AM – Chapel: A/C or 968 Message: Chaplain David Hicks Piano: Virginia Patchel

9:00 AM - Chapel: CWPA or 968

Tuesday, September 10

1:00 PM GriefShare begins SPDR 7:00 PM Men's Bible Study HCR (2)

Wednesday, September 11

11:15 AM Choir begins A/C

Thursday, September 12

10:00 AM Bible Discussion Group – THSR10:00 AM Community Bible Study begins - CWPA Poolside and SPDR

Sunday, September 15

9:00 AM – Chapel: CWPA or 968
Message: Chaplain David Hicks
Piano: Rebecca Sensenig
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Hicks
Piano: Rebecca Sensenig
7:00 PM – Hymn Sing THSR

Tuesday, September 17

1:00 PM GriefShare SPDR 7:00 PM Men's Bible Study HCR (2)

Wednesday, September 18

11:15 AM Choir A/C

Thursday, September 19

10:00 AM Bible Discussion Group – THSR10:00 AM Community Bible Study – CWPA_Poolside2:00 PM – Catholic Mass A/C

Sunday, September 22

9:00 AM – Chapel: CWPA or 968
Message: Chaplain David Hicks
Music: Danton Arlotto
10:30 AM – Chapel: A/C or 968
Message: Chaplain David Hicks
Music: Danton Arlotto

Monday, September 23

1:00 PM Israel Tour Informational Mtg - GR

Tuesday, September 24

1:00 PM Griefshare SPDR 7:00 PM Men's Bible Study HCR (2)

Wednesday, September 25

10:30 AM Chapel Music and Word – A/C

Thursday, September 26

10:00 AM Bible Discussion Group – THSR10:00 AM Community Bible Study – CWPA_Poolside

Sunday, September 29

9:00 AM – Chapel: CWPA or 968 Message: Pastor Dan MacDonald

Music: Ruthann Stevenson and Sue MacDonald

10:30 AM – Chapel: A/C or 968 Message: Pastor Dan MacDonald

Music: Ruthann Stevenson and Sue MacDonald



September 2024 Aquatic Schedule



SCAC = StoneCroft Aquatics Center

GCCP = Garrett Community Center Pool

For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's FaceBook.

We apologize in advance for any closures. Thunder & lightening: pools will close for a minimum of 30 minutes.

Labor Day Monday September 2, GCCP hours 7:30am - 11:00am no classes running. SCAC hours 7:30am -12:00pm no classes running.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool &	SCAC: 7:30am-12:00pm 12:30pm- 3:00pm	SCAC: 7:30am-12:00pm 1:00pm-6:00pm	SCAC: 7:30am-12:00pm 12:30pm-6:00pm	SCAC: 7:30am-12:00pm 1:00pm-6:00pm	SCAC: 7:30am-12:00pm 12:30pm-3:00pm	SCAC: 7:30am-12:00pm	<u>SCAC:</u> Closed
Lap Swim	<u>GCCP:</u> 7:30am-9:30am	GCCP: No Lap swimming due to class running	GCCP: 7:30am-9:30am	<u>GCCP:</u> 1:15pm-2:15pm	<u>GCCP:</u> 7:30am-9:30am	<u>GCCP:</u> 9:00am-11:00am	GCCP: Closed
Spa	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Closed
Water Fitness Classes	SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	SCAC: Aqua Spin 8:00am-8:45am Pre- registration required Deep Water 9:15-10:00am Aqua Spin 2:30- 3:15pm	SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am Ai Chi (water Tai Chi) 2:15pm-2:45pm Aqua Spin- Staff	SCAC: Aqua Spin 8:00-8:45am Pre-registration required Deep Water 9:15-10:00am	SCAC: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>SCAC:</u> Deep Water 9:15-10:00am	<u>SCAC:</u> None
	GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	Pre-registration required GCCP: Ai Chi (water Tai Chi) 1:15-2:00pm	3:30pm-4:15pm 4:30-5:15 Pre-registration required GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>GCCP:</u> None	GCCP: Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>GCCP:</u> None	<i>GCCP:</i> None
Volley Ball	None	GCCP: Resident 2:30-3:30pm	None	GCCP: Resident 2:30-3:30pm	None	None	None Updated 8/13/2024
SCAC Lessons	None	3:45pm-5:50pm	None	3:45pm-5:50pm	None	8:30am- 10:35am	None



StoneCroft Aquatics Center Schedule September 2024



Check for updates at the following sources: Phone Hotline 610-273-4050, telhai.org/pool, SCAC entrance signs, Channel 965, and Tel Hai's Facebook.

We apologize in advance for any closures. Thunder & lightening: pools will close for a minimum of 30 minutes.

Labor Day Monday September 2, SCAC hours 7:30am -12:00pm with no classes running

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hours Open	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	&	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Open/ Lap Swim	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Spa	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	&	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
Water Fitness Classes 3 lanes	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am	Aqua Spin 8:00am-8:45am Pre- registration required Deep Water 9:15am-10:00am Aqua Spin 2:30pm - 3:15pm Pre-registration required	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am Ai Chi (Water Tai Chi) 2:15pm-2:45pm Staff Aqua Spin 3:30pm-4:15pm 4:30pm-5:15pm Pre-registration required	Aqua Spin 8:00am-8:45am Pre-registration required Deep Water 9:15am-10:00am	Aqua Aerobics 9:30am-10:30am Arthritis 10:30am-11:30am	Deep Water 9:15am-10:00am	Closed
SCAC Lessons	None	3:45pm-5:50pm	None	3:45pm-5:50pm	None	8:30-10:35am	Closed
Swim Team	None	None	None	None	None	None	Closed Updated 8/13/2024

StoneCroft Aquatics Center Policies & Swim Team Information

Pool rules:

- *Lifeguard on duty is in charge
- *Pool waivers must be signed
- *Please use deck showers to rinse off
- *No running
- *No diving
- *Children must be fully potty-trained or in swim diapers to be in the pool.
- *Children under 5, non-swimmers, must have adult in pool with them. Parent can only take non-swimmer as far as parent can stand
- *Children over 5, without an adult in pool, must pass swim test
- *No food on deck
- *No glass containers on deck or in locker rooms
- *Non-swimmers must wear Coast Guard approved lifejackets
- *Lap lanes are for lap swimmers, lessons & swim teams only
- *Proper swim attire- no street clothes
- *Water Fitness equipment is for water fitness only (barbells & gloves)
- *Starting blocks for swim team & lessons only
- *Must be 18 years old to use spa
- *Shoes and proper attire are required to leave area
- *No shaving allowed on site
- * No spitting, spouting water, blowing nose or discharge of bodily waste in the pool
- *Pull cords for emergencies only

Swim meet schedule:

BSHS Swim Team has concluded their season

Swim Team Contact info:

Upon Request

Swim Lane Etiquette

Lap swimming etiquette:

How to share a lane:

*Make sure the other swimmer is aware you are joining them in lane.

*More than 1 swimmer per lane - swimmers choose a side, or you both choose to circle swim.

*More than 2 per lane- Circle swimming only by all in lane.

25 Yard Pool

100 yards = 4 lengths 500 yards = 20 lengths 1,000 yards = 40 lengths 1,760 yards (mile) = 71 lengths

Update Hotline- 610-273-4050

Call for schedule changes or in case of severe winds, thunder, lightning, snow, ice, tornado warnings, etc.

*We do not offer credits/make ups for missed lessons, memberships, or swim team practice for inclement weather, school functions, vacations, minor illnesses.

<u>Thunder/lightning</u>- Pool must be cleared, every strike/boom will result in 30 minutes additional closure. If during lessons, our instructors will run deck safety lessons until pool can reopen, or lessons are cancelled.

<u>2 hr TVSD/CASD delay</u>- Pool opens at 9am, classes running will be determined by weather.

<u>Early Dismissal</u>- No evening programming, pool closes at 5pm or earlier weather dependent.

School Closures:

Morning- Opening time and classes determined by weather.

Evening- Will be reevaluated by 2pm, information will be updated on hotline by 1pm.

<u>Weekends</u>- Any delayed openings or closures will be on hotline.

Please visit www.telhai.org/pool or call 610-273-9333 ext. 2441 for more regarding the following information

Membership information- Daily, 10 visit punch cards, monthly, quarterly and yearly memberships available for purchase.

Family, Couple, and Individual options are available. Memberships are not required for swim lesson participation.